

Competition Costumes

Dancers who choose to compete in feiseanna will need to dress in appropriate attire as required by the [CLRG \(Irish Dancing Commission\)](#).

BEGINNERS WHO ARE BRAND NEW TO COMPETING

- Black skirt, and a white blouse (Peter Pan collar)

Please note: The skirt length should be at least 3 inches (preferably 4 inches) above the top of the knee cap. If too long, it hides a dancer's legs and can look sloppy while dancing.

BEGINNER & ADVANCED BEGINNER

The Rince Na Grá School Jumper will typically be worn during the Beginner and Advanced Beginner Grade levels.

In addition, the following should also be worn:

- White blouse (Peter Pan collar), short sleeve preferred but not required
- Appropriate shoes = ghillies (no ballet slippers)
- Poodle Sox
- Hair should be worn naturally (no wigs), held neatly off the face (with a headband or elastic tie).
- No make-up may be used at this level.

Please note: The skirt length of all Irish dance costumes should be at least 3 inches (preferably 4 inches) above the top of the knee cap. If too long, it hides a dancer's legs and can look sloppy while dancing.

As dancers outgrow their Rince Na Grá School Jumper, it is recommended that the dress be listed for sale on the Rince Na Grá Buy and Sell private Facebook page.

NOVICE & PRIZEWINNER

Dancers will typically wear the Rince Na Grá School Dress (forthcoming) through Prizewinner Grade in solo dances, and for figure teams.

This dress will also be required for girls in the Rince Na Grá Irish Dance Company.

In addition, the following should also be worn:

- Appropriate shoes
- Poodle Sox or black tights
- Hair should be worn naturally, held neatly off the face; or a bun wig may be used if approved by the TCRG.
- Makeup not permitted under the age of 10. Only modest makeup permitted if older than 10.
- *Please note: The skirt length of all Irish dance costumes should be at least 3 inches (preferably 4 inches) above the top of the knee cap. If too long, it hides a dancer's legs and can look sloppy while dancing.*

As dancers outgrow their Rince Na Grá School School Dress, it is recommended that the dress be listed for sale on the Rince Na Grá School Buy and Sell private Facebook page.

SOLO COSTUMES

Rince Na Grá School dancers must have all dances in Prizewinner Grade before they are permitted to wear a solo costume in competition. This is a school policy, not a general competition policy.

Any purchase or making of a solo costume must be discussed with and approved by Miss Katie. When you are ready to consider a solo costume, please contact her.